



FAMILY PICNIC

STRIDERS Summer Family Picnic

Come join your running buddies and their families for a family picnic and pool party!

Saturday July 10th

4:00 PM till ? Fajitas provided, bring a side or a

dessert and your favorite beverage! Hosted by

Joe and Kimberlee Nuskowski 9001 Blanco Drive Lantana, TX Can't wait to see you there!

Call (952) 913-2741 with questions or RSVP via text, phone, e-mail, e-vite:

<http://evite.me/yMBKn6jTaP>

or Facebook <https://fb.me/e/2jQz0zj1I>



WEEKLY GROUP RUNS

**Tuesday: Track Harmon High School
1250 Round Grove Road Lewisville**

5:30am

Wednesday: Murrell Park

7:30am

Thursday: Hills Post Oak Park

5:30am

Saturday: Lakeside Starbucks

7:00am

Sunday: Bartonville Kroger

6:30 am



Strider SWAG



The Striders running club partnered with a local company

(Archangel), who specializes in high quality running and cycling apparel to include Singlets, Short Sleeve, and Long Sleeve. Each

have both male and female cuts.

Order window open until July 14th!

<https://www.archangelsport.com/striders/>

2021 RACES

Check the website for upcoming races!

Ragnar October 15 & 16

Rockledge Rumble November 13

When signing up, check to see if we are registered as a group to receive a discount



Team - North Texas Striders

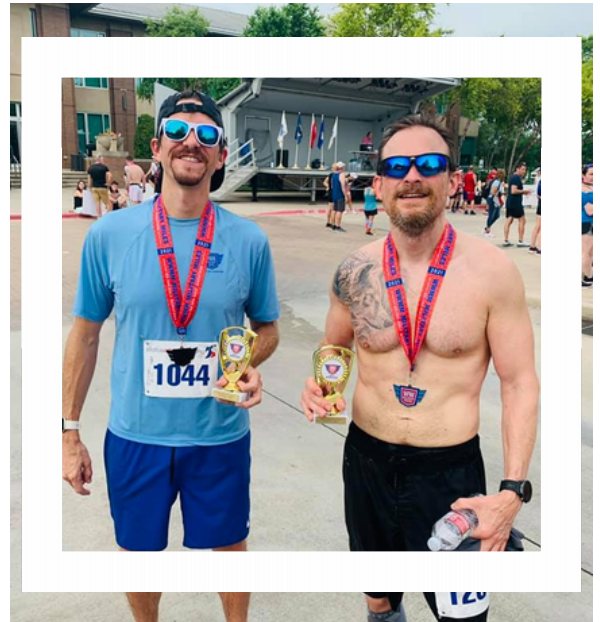
Team Pos	Bib No	Name	Time
1	85	Kristofor Seastrom	1:40:00
2	2943	Steve Zinecker	1:42:00
3	2497	Lee Rebodos	1:42:00
4	1956	Colm Mickieman	1:42:00
5	1568	John Kelsey	1:42:00
6	1414	Michael Bratton	1:42:00
7	1494	Becca Edwards	1:42:00



Biggest CONGRATULATIONS to Michael Shawn Bratton and Kristofor Seastrom for their fantastic performance at the Military Miles Half Marathon! Michael placed 4th overall (1:40); Kris placed 5th overall (1:42) and won Masters! Go Striders! 🏆

AMAZING!!!!!!

Big CONGRATULATIONS to Tracey Roesner & Maria Lozovskaya and Ken Ryder for qualifying for the Ironman 70.3 World Championships!! Go Striders!



CONGRATULATIONS RYAN WEAVER ON YOUR VERY FIRST MARATHON!!! RYAN HAMMER, SHILPA KALUVALA AND LINDA DEMORE ADAMS - THANKS FOR YOUR GRACIOUS SUPPORT OF HIS EFFORT. RYAN - THE NTX STRIDERS CELEBRATE WITH YOU 😊!



OH BABY!

Celebrating the expansion of the club with the addition of Junior Striders!

Strider Care



Lake Cities Chamber of Commerce
March 15 · 🌐

Do you have any recyclable bottle caps? The Denton Lake Cities Rotary Club is piloting a Buddy Bench Program. The Buddy Bench is made of recycled plastic bottle caps and helps students make friends and avoid bullying along with teaching green living by promoting recycling. To contribute to the cause, please bring your bottle cap collection to the Lake Cities Chamber Office at 3101 Garrison Road in Corinth whenever possible.



Students Collect Plastic Caps



Denton Lakes Cities Rotary delivers Caps and picks up Buddy Bench



Green Tree Plastics recycle plastic caps into a Buddy Bench

No one goes through water like runners! Don't forget to save those caps for the buddy bench program! Bring them to the Strider Family Party or any of the runs!

